# DEBATION COUNTY 2023 VINNERS & FINALIST

If you notice a misspelled business, please go to the following website update your contact information

https://forms.gle/KSFk8WLs4nQ1NPnk6

# **AUTOMOTIVE SERVICES BODC 2023**

#### AUTO ACCESSORIES

Porth Texas Truck Accessories Sam Pack's Five Star Ford Lewisville Tommy's Hi Tech Auto

### AUTO BODY SHOP

Advantage Hail Repair Lorentz Automotive Magic Touch Paint and Body

AUTO GLASS REPAIR **Auto Glass of Lewisville** Auto Specs Glass LLC Platinum Auto Glass

AUTO REPAIR SHOP Fifth Gear Automotive Honest-1 Auto Care

AUTO SERVICE CENTER - DEALERSHIP Bill Utter Huffines Subaru

#### **BOAT & RV STORAGE**

Hilltop Storage Solutions **Lantana RV & Boat Storage** Morningstar Storage

BOAT DEALER Phil Dill Boats Jerry Whittle Boats Tommy's Waterski America

#### **CUSTOM AUTO / TOY VEHICLE ACCESSORIES**

Accessory Superstore Denton **P North Texas Truck Accessories** Truxx Lewisville

#### **CUSTOM PAINT**

Alex Paint & Body **Magic Touch Paint and Body** Repo's Garage

DOMESTIC CAR DEALERSHIP P Bill Utter Ford James Wood Sam Pack's Five Star Ford Lewisville

DRIVE THRU CAR WASH **Clean and Green Car Wash of Hickory Creek** Marvel Carwash Flower Mound Speedy Bee Highland Village

FULL SERVICE CAR WASH Caliwood Detail **Clean and Green Car Wash of Hickory Creek** Eco Car Spa

### To Easily Search Press Ctrl+F (for PC) or Command+F (for MAC)

#### **IMPORT CAR DEALERSHIP**

Bosco Auto Group Huffines Subaru **? Toyota of Denton** 

MOTORCYCLE DEALER P American Eagle Harley Davidson

Cycle Center of Denton Freedom Powersports Denton

**NEW CAR DEALERSHIP** 

Bill Utter Ford Denton Mazda / Denton Dodge (formerly Classic of Denton) **Sam Pack's Five Star Ford Lewisville** 

#### **OIL CHANGE**

Jon's EZ Lube **? Kwik Kar Denton** Spencer's Auto Repair -Krum

#### **PAINTLESS DENT & HAIL REPAIR**

DFW Dent Repair Lake Cities Dent LLC **Proth Texas Paintless Dent Repair** 

#### PRE-OWNED CAR DEALERSHIP

Bill Utter Ford Bosco Auto Group Sam Pack's Five Star Ford Lewisville

#### TIRE STORE

Priscoe Alignment & Tire Discount Tire - Flower Mound Justin Rd Goodyear Tas 2 of Denton

#### **TOWING COMPANY**

All American Towing & Recovery Randy's Towing and Recovery Services Pro-Tow

#### **TRUCK DEALERSHIP**

Bill Utter Ford James Wood **Sam Pack's Five Star Ford Lewisville** 

#### **TRUCK REPAIR SHOP**

Lewisville Truck Center Sam Pack's Five Star Ford Lewisville **Paper Spencer's Auto Repair in Krum** 

#### VEHICLE WRAPS/ADVERTISING Signarama Lewisville

Tiger Wraps and Graphics, LLC **Property WrapMasters of Denton** 

# **BEAUTY SERVICES BODC 2023**

BARBERSHOP Amber Michelle Salon \* Mel's Barber Shop The Dapper Devil

CELLULITE REMOVAL All The Things Med Spa Live Young Wellness Spa Studio 360 Med Spa

COLOR SALON **David Ryan Salon** Salon377 of Argyle TEEZ Hair Studio

COSMETIC INJECTIONS All The Things Med Spa Live Young Wellness Spa **Luminous Glow Med Spa** 

DAY SPA Essentials Day Spa Denton Sutera Spa The Woodhouse Day Spa - Highland Village

EYELASH EXTENSIONS Amber Michelle Salon and Lash Studio Deka Lash Highland Village The Lash Lounge of Flower Mound

FACIALS **Luminous Glow Med Spa** Shelly's Advanced Skin Care Sutera Spa

HAIR EXTENSIONS Amber Michelle Salon Color Lab - Denton & Northlake **? TEEZ Hair Studio** 

HAIR STYLIST **Amber Michelle with Amber Michelle Salon** James Hoff with TEEZ Hair Studio Ryan Smith with David Ryan Salon

LASER HAIR REMOVAL Live Young Wellness Spa Luminous Glow Med Spa The Med Spa of Flower Mound

MAKEUP Amber Michelle Salon ? Kelly M Beauty TEEZ Hair Studio

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#### MASSAGE SPA

Mindful Massage & Spa Perfected Touch Massage Therapy **The Woodhouse Day Spa - Highland Village** 

#### **MASSAGE THERAPIST**

Birgit Christ with Cloud 9 Salon & Spa **Staci Waggoner with Perfected Touch Massage** Tiffany Kelly with Mindful Massage & Spa

MED SPA P All the Things Med Spa Luminous Glow Med Spa Studio 360 Med Spa

MICROBLADE | POWDER BROW Beaming Beauty Brow and Blade Gold Permanent Makeup

NAIL SALON Cosmo Nails Envy Nails in Flower Mound **? Grand Lux** 

PERMANENT MAKEUP Gold Permanent Makeup Microblading By Tina Chung Studio 360 Med Spa

#### **SALON SUITES / STUDIOS**

Legacy Salons & Day Spa - Flower Mound Rogers Premier Salon Suites Flower Mound The Colour Bar Salon and Suites

#### SKIN RESURFACING

All The Things Med Spa Live Young Wellness Spa **Luminous Glow Med Spa** 

TANNING SALON **Luxe Body Bronzing** Rose Gold Tanning Studio 360 Med Spa

WAXING SERVICE Amber Michelle Salon **♀ Color Lab - Denton & Northlake** Shelly's Advanced Skin Care & Wax Clinic

WOMEN'S SALON Amber Michelle Salon Cloud 9 Salon **? TEEZ Hair Studio** 

### **BUSINESS / PROFESSIONAL SERVICES BODC 2023**

To Easily Search Press Ctrl+F (for PC) or Command+F (for MAC)

BUSINESS BANK American National Bank & Trust Bank of the West Point Bank

BUSINESS/CORPORATE GIFTS **P Baskets By Frankie Lynn** Edible Arrangements Tiff's Treats

BUSINESS IT SOLUTIONS GWK Technolgies MiTech Services Vested Networks

BUSINESS NETWORKING Plower Mound Women in Business Lake Cities Coffee & Connections Point Bank Networking

CHAMBER OF COMMERCE Plower Mound Chamber of Commerce Lewisville Area Chamber of Commerce Metroport Chamber of Commerce

COMMERCIAL CONSTRUCTION PIntegrity Group - Roanoke, TX TriStar Construction - Flower Mound T-Rock Construction

COMMERCIAL EXTERMINATOR PABC Home and Commercial Services Bug Out Pest Control Ponder Pest Control

COMMERCIAL HVAC Advent Air Conditioning Northside Air Triple A Air Conditioning

COMMERCIAL PAINTING Carnival Custom Painting Phathan's Painters Village Professional Painting

COMMERCIAL PRINTING Impress Graphics PPS Flower Mound Print Sign Promo (IC Print Signs Promo) COMMERCIAL REAL ESTATE Pridge Realty of Texas Silver Oak Commercial Real Estate VERUS Commercial

**COMMERCIAL REAL ESTATE AGENT** Diana Pergande - Bridge Realty of Texas Phyllis Garcia - Bridge Realty of Texas **Russ Webb - Silver Oak Commercial** 

COMMERCIAL ROOFING **Panick Construction** Anderson Roofing, Inc Pearson Roofing

EMERGENCY RESTORATION All Dry Restoration - North Texas The Restore PuroClean of Flower Mound

FLEXIBLE OFFICE SPACE **Caddo Office Reimagined** Stoke's Coworking Space Venture X The Realm at Castle Hills

HR CONSULTING BHR Consulting EBR HR Experts **? Grey Owl HR** 

LOCAL BUSINESS Point Bank Circle Star Restaurants (Marty B's, 1845, Rustico) Cloud 9 Salon

MARKETING SPECIALIST **Y Kelly Murray** Jeff Capps Lisa Parziale

NEW BUSINESS (OPEN UNDER 12 MONTHS)

Marty B's Coffee River Walk Social Club **Sip + Savor** 

OFFICE CLEANING SERVICE **P Buckets & Bows Maid Service** Cox Cleaning Like A Diamond Cleaning Services

# **BUSINESS / PROFESSIONAL SERVICES BODC 2023**

**PHOTOGRAPHER - CORPORATE & HEADSHOTS** 

LaLa Photography Mixed Media Creations **Seeden Photography** 

POSTAGE & MAILING In The Box Pack & Ship Quick Ship Mail & Business Center UPS Store 3635 on Justin Rd.

PROPERTY MANAGEMENT 3G Properties Group Ponton County Property Management Scott Brown Properties

SIGN COMPANY P Old Town Sign Company Lewisville Signarama Denton Sigma Signs

# COMMUNITY & NON-PROFIT BODC 2023

#### ANIMAL NON-PROFIT

Apollo Support & Rescue for Abandoned Dogs Humane Tomorrow **? Texas Coalition for Animal Protection** 

#### CHURCH

RockPointe Church The Village Church **? Valley Creek Church** 

#### **CHURCH YOUTH GROUP**

Denton Bible Church Student Ministry The Village Church **Y Valley Creek Students - Valley Creek Church** 

#### **COMMUNITY GROUP**

Cross Timbers Rotary Club Flower Mound Women in Business **\* Women of Flower Mound** 

#### FIRE DEPARTMENT

Flower Mound Fire Department Highland Village Fire Department Lake Cities Fire Department

#### MAYOR

Derek France - Flower Mound Dan Jaworski - Highland Village TJ Gilmore - Lewisville

NON-PROFIT ORGANIZATION Ally's Wish Children's Advocacy Center Journey To Dream

ONLINE PUBLICATION Community Impact **Cross Timbers Gazette** Denton Record Chronicle

#### PASTOR John Stickl with Valley Creek Church The Village Church Chris Schoolcraft - First Lewisville

#### POLICE DEPARTMENT **Flower Mound Police Department** Highland Village Police Department Lewisville Police Department

#### POLICE OFFICER

David Harney - Highland Village PD Patrick Johnson - Flower Mound PD **Winston Edmondson - Lake Dallas PD** 

#### ROTARY

Champions Rotary of Justin **Cross Timbers Rotary Club** Lewisville Noon Rotary

# **EDUCATION BODC 2023**

#### **CHARTER SCHOOL**

Founders Classical Academy of Flower Mound Harmony Science Academy - Carrollton Ischool High - Lewisville

#### COLLEGE PLANNING

Guru Academic Advising **\* KD College Prep** The Tutoring Center

DAYCARE Primrose of Hickory Creek Primrose School of Lantana PKH Academy

#### PRIVATE PRESCHOOL - K

DKH Academy **Lewisville Christian School**Montessori Episcopal School of Lewisville

#### **PRIVATE SCHOOL**

Lakeland Christian Academy Lewisville Christian School **P Liberty Christian School** 

#### PUBLIC ELEMENTARY SCHOOL Public Elementary Donald Elementary School Highland Village Elementary

PUBLIC HIGH SCHOOL Argyle High School

**Flower Mound High School** Marcus High School

### PUBLIC MIDDLE SCHOOL

Briarhill Middle School McKamy Middle School **\* Shadow Ridge Middle School** 

### TUTORING - GENERAL

Gideon Math and Reading Center - Carrollton KD College Prep **The Tutoring Center** 

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#### **TUTORING - MATH**

Gideon Math and Reading Center - Carrollton Mathnasium of The Colony

😤 The Tutoring Center

### **TUTORING - READING**

Gideon Math and Reading Center - Carrollton Reading Ranch Literacy & Tutorial Center - Lewisville The Tutoring Center

# ENTERTAINMENT & TRAVEL BODC 2023

#### ACTING STUDIO

CYT - Christian Youth Theater Dallas-Fort Worth The Actors Conservatory Theatre **? Studio B Performing Arts** 

#### **BAR PATIO**

Marty B's The Tavern at Lakeside Urbano Enchilada Taco Bar

BIRTHDAY PARTIES Excite Gym & Cheer Jump City Inflatables Y Win Kids

COUNTRY CLUB Bridlewood Country Club Penton Country Club Lantana Golf Club

DRINK & COCKTAIL MENU **1845 Taste Texas** Shoal Creek The Tavern at Lakeside

**EVENT FACILITY** Circle R Ranch

The second secon

FAMILY ENTERTAINMENT CENTER

Lewisville Grand Theater Quandary Escape Adventures Win Kids

#### LIQUOR STORE

Goody Goody - Highland Village
J's Liquor and Cigars - Lake Dallas
LiquorLand - Highland Village

#### LIVE ENTERTAINMENT VENUE

Lakeside Music Series **\* Marty B's**The Bartonville Store

LIVE MUSIC - PERFORMANCE

Big City Outlaws INCOGNITO Band Raised Right Men

#### SPORTS BAR

Lambeau's America Rusty Beagle Underdogs

#### THEATRE (PERFORMANCE)

Lewisville Playhouse (Greater Lewisville Community Theatre) Studio B The Actors Conservatory Theatre

#### TRAVEL AGENCY

Edel Seagren Cruise Planners I Book Travel For U **? Ocean Blue Travel** 

#### WINE BAR

Clink Wine Bar Old Town Wine House - Lewisville Steve's Wine Bar

# FINANCIAL & REAL ESTATE BODC 2023

#### APARTMENT COMMUNITY

Autumn Breeze Apartments Bexley River Walk **PRiverwalk Flats** 

#### ARCHITECT

Jennifer Alford with Cross Timbers Architects **Mike Love with The ML Group Architects** Mike Martin with Bates and Martin Architects

#### **ARCHITECTURE FIRM**

Cross Timbers Architects The ML Group Architects William Peck and Associates

#### AUTO INSURANCE AGENCY

Amanda Gardiner Goosehead Insurance Matt Tobben State Farm Agency Tammy Edwards State Farm

#### AUTO INSURANCE AGENT

Amanda Gardiner - Goosehead Insurance Laura Ferring with GEICO Flower Mound Matt Tobben State Farm Agency

#### BOOKKEEPING

Amy Frenzel with Frenzel Consulting & Tax Services Colby Springer with Howe & Springer, P.C. Megan Sneed with Chandler & Knowles CPAs

#### **CERTIFIED PUBLIC ACCOUNTANT**

Holly Frenzel with Frenzel Consulting & Tax Services Jan Burns Springer with Howe & Springer, P.C. Kristina Knowles with Chandler & Knowles CPAs

#### CERTIFIED PUBLIC ACCOUNTING FIRM

Chandler & Knowles CPAs Frenzel Consulting & Tax Services Howe & Springer, P.C.

#### **CREDIT UNION**

American Airlines Federal Credit Union Credit Union of Texas (Lewisville) **DATCU** 

#### CUSTOM HOME BUILDER

Brookson Builders Lingenfelter Custom Homes of Flower Mound **Phoble Classic Homes** 

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### FINANCIAL ADVISING FIRM

GDS Wealth Management Riverchase Wealth Management, LLC Visionary Financial Group

#### **FINANCIAL ADVISOR**

Bill Collins with Edward Jones Glen D. Smith with GDS Wealth Management **Shelly Dodge with Visionary Financial Group** 

#### HEALTH INSURANCE AGENCY

Healthmarkets **PIntegrity Health Insurance Advisors** Kay Braswell Insurance Group

#### **HEALTH INSURANCE AGENT**

Julie Sears with Integrity Health Insurance Advisors Katherine Clark with Fredrick Insurance Brokers **Mike Martin with Healthmarkets** 

#### HOME STAGING

Decorating Den **POSH Home Staging & Redesign** White Oak Design Studio

#### **INSURANCE AGENCY**

Amanda Gardiner Agency **\* Matt Tobben State Farm Agency** McManis Insurance Agency

#### **INSURANCE AGENT**

Amanda Gardiner - Goosehead Insurance Courtney McManis - Farmers Insurance Matt Tobben - State Farm

#### LIFE INSURANCE AGENCY

Kay Braswell Insurance Matt Tobben State Farm Insurance Tammy Edwards State Farm Insurance

#### **MORTGAGE COMPANY**

Cross Country Mortgage Premier Nationwide Lending of Flower Mound **Primary Residential Mortgage Inc. (PRMI)** 

#### **MORTGAGE LOAN BANKER**

Jim Mitzel with Primary Residential Mortgage, Inc. Ryan Grubbs Team with Cross Country Mortgage **Stacy Schriever with Premier Nationwide Lending** 

# FINANCIAL & REAL ESTATE BODC 2023

#### **PERSONAL FINANCE BANK**

Bank of the West Independent Financial **Point Bank** 

#### **REAL ESTATE AGENCY**

Jay Marks Real Estate Keller Williams Dallas Metro North Magnolia Realty

#### **REAL ESTATE BUYER'S AGENT**

Lisa Dyer Randi Dukes with Repeat Realty Sunny Darden

#### **REAL ESTATE SELLER'S AGENT**

Brian White with BlueFuse EXP Chrissy Mauloff with Keller Williams Denton **Stacey Sauer with Brand Properties Group** 

#### **REAL ESTATE TEAM**

BlueFuse Group at EXP Realty Brand Properties Group Repeat Realty

#### TITLE COMPANY Allegiance Title Company **Freedom Title - Long Prairie Rd** Independence Title

# **HOME SERVICES BODC 2023**

APPLIANCE REPAIR Got Your 6 Appliance Repair J&J Appliance Service McNeill's Appliance

BBQ & GRILLING SUPPLLIES Flames ♥ Grill This BBQ Supply Southern Leisure Spas & Patio

BLINDS, SCREENS, SHADES, & SHUTTERS Made in the Shade Blinds Shutter Up Quick! The Design House

CABINET PAINTING & REFINISHING Castle Painting and Home Services Eco Construction Company Nathan's Painters

CARPET CLEANING Blue Jay Carpet Cleaning Prestige Carpet Cleaning TLC Carpet Cleaning

CUSTOM WINDOW TREATMENTS Longhorn Screens - Shades - Shutters Made in the Shade Blinds The Design House

ELECTRICIAN Charlie Brown Electric Ferguson Electric TLC Electrical

EXTERMINATOR PABC Home and Commercial Services Arrow Exterminators Ponder Pest Control

FENCE BUILDER Goodman's Firehouse Fence & Outdoor Living J&J Fencing Pros Texas Traditions Outdoors

FENCE STAINING & REFINISHING BigFoot Fence & Outdoors Goodman's Firehouse Fence & Outdoor Living J&J Fencing Pros

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FIREPLACE / CHIMNEY SERVICE

Hale's Chimney Masters Services Partners Chimney Sweep

FLOORING COMPANY

Eco Construction Group, LLC **Smitty's Floor Covering** The Design House

FOUNDATION REPAIR **PROFOUND** <sup>™</sup> Foundation Repair Strive Concrete Solutions Structured Foundation

#### **GARAGE DESIGN / ORGANIZATION**

Classy Closets Closets By Design **Transform** 

GARAGE DOOR COMPANY

McCains Overhead Door NTX Garage Doors **? Overhead Door Company of Denton County** 

#### **GARDEN CENTER**

Land Care Garden Center (Formerly Schmitz Garden Center) Meador's Garden Center & Landscaping Rooted In Garden Center - Pilot Point

#### **GRANITE COMPANY**

Legacy Flooring and Stone Stonemeyer Granite **The Granite Shop - Lewisville** 

GUTTER CLEANING

AllShine Window & Gutter Cleaning Homestable **\* The Washmen** 

**GUTTER INSTALLATION** Anderson Roofing, Inc.

Pown-N-Out Gutters

#### HANDYMAN SERVICES

Ace Handyman Services
A Helpful Hand
ROI Handyman Services

# **HOME SERVICES BODC 2023**

HEATING / AIR REPAIR Calvin's Climate Honest Home Services **Triple A Heating and Air Conditioning** 

HOME CLEANING SERVICE **Buckets & Bows Maid Service** Like a Diamond Cleaning Service Molly Maid of DFW Metro NW

HOME RENOVATIONS Castle Painting and Home Services Eco Construction Group, LLC **The Design House** 

HOT TUB & SPA SERVICES No Worries Pool Care, LLC Outdoor Living Pool & Patio **? Southern Leisure Spas & Patio** 

INTERIOR DECORATOR Hillary Baden Designs Tinspiration Interiors by Elena Johnson Model Home Furnishings Frisco

IRRIGATION / LAWN SPRINKLER REPAIR ABC Home and Commercial Services of DFW **Denton Lawn Sprinkler** TLC - The Lawncare Company

LANDSCAPING Complete Solutions Holy Grounds Landscaping TLC The Landscape Company, LLC

LAWN MAINTENANCE ABC Home and Commercial Services Pallen Landscaping Frenchy's Tree & Lawn

MOSQUITO CONTROL Mosquito Hunters **Mosquito Joe of Metro Northwest DFW** Mosquito Shield of North DFW

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OUTDOOR KITCHEN CONTRACTOR Complete Solutions Outdoor Living Pool and Patio Texas Traditions Outdoors

OUTDOOR LIGHTING COMPANY

Backyard Environments LLC **Outdoor Lighting Perspectives of Flower Mound** The Perfect Light

PAINTER Carnival Custom Paint Castle Painting and Home Services Spray Tex Painting

PATIO & OUTDOOR LIVING CONTRACTORS Complete Solutions Goodman's Firehouse Fence & Outdoor Living **? Texas Best Fence & Patio** 

PLUMBER Absolute Plumbing of Flower Mound **CR Plumbing** Strittmatter Plumbing, Heating and AC

ROOFER Discount Roofing Halo Storm Restoration Pearson Roofing

SOLAR SCREENS **P Longhorn Screens - Shades - Shutters** Next Century Screens Texas Windows

STONEWORK Complete Solutions **Outdoor Living Pool and Patio** Texas Best Fence & Patio

SWIMMING POOL BUILDER BMR Pool and Patio Cutdoor Living Pool & Patio Shaw Pools

SWIMMING POOL MAINTENANCE Pool Care Specialists Pretty Pools, LLC Shaw Pools

# **HOME SERVICES BODC 2023**

SWIMMING POOL REMODELERS

Complete Solutions
Outdoor Living Pool & Patio
Shaw Pools

#### TREE REMOVAL SERVICE

1-2-Tree Monster Tree Service of North DFW Tree Shepherds

#### **TURF-LAWN & GREEN**

Birdies Pro Turf DFW Turf Solutions **Proth Texas Turf Pros** 

### WEED CONTROL

Lawn Doctor
Weed Man
WeedEx

WINDOW CLEANING **Clear and Clean Window Cleaning** Fish Window Cleaning Squeaky Clean Wash Pros

#### WINDOW COMPANY Expo Home Improvement Pella Windows and Doors Renewal By Andersen

# **LEGAL SERVICES BODC 2023**

#### **BANKRUPTCY ATTORNEY**

Brett Nelson with Nelson Law Group, PC Byron Berry with Hayes, Berry, White & Vanzant, LLP **David Shuster with Shuster Law** 

BANKRUPTCY LAW FIRM Hayes, Berry, White & Vanzant, LLP Minor & Jester, P.C. The Wright Firm, LLP

BUSINESS ATTORNEY Drew Christman with Christman Attorneys **Scott Reib with Reib Law** Springer & Lyle, LLP

BUSINESS COLLECTIONS FIRM Hayes, Berry, White & Vanzant, LLP **Springer & Lyle, LLP** Tasker & Balderson, PLLC.

BUSINESS LAW FIRM Christman Attorneys, PLLC Hayes, Berry, White & Vanzant, LLP **Pleson Law Group, P.C.** 

CIVIL ATTORNEY Brent Chandler with Chandler | Ross, PLLC Brett Nelson with Nelson Law Group, PC Jill Jester with Minor & Jester, PC

CIVIL LAW FIRM Chandler | Ross PLLC Minor & Jester, P.C. The Wright Firm, LLP

CONSTRUCTION ATTORNEY Don White with Hayes, Berry, White & Vanzant, LLP **Jeff Springer with Springer Lyle** Scott Alagood with Alagood Cartwright Burke PC

CRIMINAL ATTORNEY Chris Abel Law Offices of Chris Abel **Kimberly Shanklin with Law Office of Kimberly N. Shanklin** Tony Ross with Chandler Ross

CRIMINAL LAW FIRM Bowen Law Group Chandler Ross, PLLC Law Office of Kimberly N. Shanklin, PLLC

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**DIVORCE ATTORNEY** 

Adam Burrows with Burrows Law Firm **Charla Bradshaw with Koons Fuller** Patrick Wright with The Wright Firm

#### **DIVORCE LAW FIRM**

Ilarraza Law, PC KoonsFuller, PC The Julian Firm

**ELDER LAW ATTORNEY** Fontaine Doster with Doster Law Group **Leah Harbour with Flores Harbour Law** Leigh Hilton with Leigh Hilton, PLLC

### ELDER LAW FIRM

Doster Law Group Flores Harbour Law Leigh Hilton, PLLC

FAMILY LAW ATTORNEY **Amie Peace with Peace & Associates** Jared Julian with The Julian Firm, PC Jennifer Ilarraza with Ilarraza Law, PC

FAMILY LAW FIRM Christman Attorneys Nelson Law Group, PC The Julian Firm, PC

#### JUDGE **Judge Brent Hill** Judge Brody Shanklin Judge Coby Waddill

JUVENILE & DEFENSE ATTORNEY Dan Peugh with Peugh Law Firm Seth Fuller with Texas Trial Champions Tony Ross with Chandler Ross

#### LAW FIRM

Hayes, Berry, White & Vanzant Nelson Law Group The Wright Firm

MEDIATION SERVICE Koons Fuller Nelson Law Group Peace & Associates

# **LEGAL SERVICES BODC 2023**

#### PERSONAL INJURY ATTORNEY

Brent Chandler with Chandler Ross Brian Tackett with Hayes, Berry, White & Vanzant, LLP Tony Ross with Chandler Ross

#### PERSONAL INJURY LAW FIRM

Carrollton Injury Law **Chandler Ross** Springer and Lyle

#### **REAL ESTATE ATTORNEY**

Drew Christman with Christman Attorneys Jill Jester with Minor & Jester Nathaniel Dodson with Dodson Legal Group

#### TRAFFIC TICKETS ATTORNEY

Rudy Vrba with Vrba Law Sarah Roland with Sarah Roland Law Travis Biggs with Biggs Law Firm

#### WILLS & ESTATE PLANNING ATTORNEY

Caitlyn Ashley with Caitlyn Ashley Law **Hunter Sargent with Hunter Sargent, PLLC** Leigh Hilton with Leigh Hilton, PLLC

#### WILLS & ESTATE PLANNING LAW FIRM

Burrows Law Group Hunter Sargent, PLLC **Leigh Hilton, PLLC** 

#### ALLERGIST

Marie Fitzgerald, M.D., with Family Allergy & Asthma Care Mary Hudelson, M.D., P.A. with Family Allergy & Asthma Care **Sherry Barnett, M.D., with Flower Mound Allergy Asthma Center** 

#### ALLERGY CENTER

Family Allergy & Asthma Care **P Flower Mound Allergy Asthma Center**North Texas Allergy & Asthma Center

#### AUDIOLOGIST

Allison Liberio with Family Hearing Practice of Flower Mound Clay Mainord with Calvert Hearing Care Katie L. Kufeldt with Denton Hearing Health Care

#### AUDIOLOGY PRACTICE

Calvert Hearing Care Denton Hearing Health Care **? Family Hearing Practice** 

#### **CHILDREN & ADOLESCENT THERAPIST**

Cori Riley with Journey to Grace Counseling Corrie Fentress with Connections Wellness Group **Courtney Osborne with Redeemed Life Counseling** 

#### **CHILDREN & ADOLESCENT THERAPY PRACTICE**

Connections Wellness Group Harvest Counseling & Wellness Redeemed Life Counseling

#### CHIROPRACTIC PRACTICE

Best Life Chiropractic & Wellness Center Compassion Family Chiropractic The Back & Body Clinic

#### CHIROPRACTOR

Dr. Laura Le with Best Life Chiropractic & Wellness Center Dr. Matthew Gilbert with The Back & Body Clinic Dr. Ruben St. Laurent with ProNeuro Health

#### COSMETIC DENTIST

Brett Titensor, D.D.S. with Titensor Dental Kristina Mackie, D.D.S. with Loretto Family Dentistry Samantha Leatherwood, D.D.S. with Leatherwood Family & Cosmetic Dentistry

#### **COUPLES & FAMILY THERAPIST**

Brad Cullum with Harvest Counseling and Wellness **Cara Strickland with Redeemed Life Counseling, LLC** Tom McCall with Connections Wellness Group

#### **COUPLES & FAMILY THERAPY PRACTICE**

Connections Wellness Group Harvest Counseling & Wellness **Predeemed Life Counseling** 

#### **CRYOTHERAPY CLINIC**

Argyle Cryo Cryo Clinic Wellness Center Cryo Nation Highland Village

#### **DENTAL IMPLANT DENTIST**

Amit M. Patel with ROOT Periodontal & Implant Center Drew Moore with Village Periodontics & Implant Dentistry **?** John C. Shillingburg with DFW Oral Surgeons

#### **DENTAL IMPLANT PRACTICE**

DFW Oral Surgeons Village Periodontics & Implant Dentistry **PROOT Periodontal & Implant Center** 

#### DERMATOLOGIST

Cynthia Harrington with Dermatology Center of Denton **Grace Brown with McGuiness Dermatology & Plastic Surgery** Isaac Perez with Flower Mound Dermatology

#### **DERMATOLOGY PRACTICE**

Dermatology Solutions Argyle **Flower Mound Dermatology** McGuiness Dermatology & Plastic Surgery

#### **EMERGENCY CARE**

Medical City Lewisville Rapid Med Texas Health Presbyterian Hospital Flower Mound

#### ENDODONTIST

Kirk Brown with Village Endodontics **Rajiv Patel with Endodontic Excellence** Sandy S. Wang with Texas Endodontics

#### FAMILY DENTAL PRACTICE

Country Lakes Family Dental **Dental Depot** Loretto Family Dentistry

#### FAMILY DENTIST

Dr. Kristina Mackie with Loretto Family Dental Dr. Lauri Barge with Laurie Barge D.D.S. William Wyatt Jr. with Flower Mound Dental

#### FUNCTIONAL MEDICINE

Apostol Integrative and Functional Medicine S2S Functional Performance **PBBC Health** 

#### GASTROENTEROLOGIST

Abhinandan Raj with Denton Digestive Institute Anita Steephen with Texas Digestive Disease Consultants **Shawn Panzer with North Texas GI Associates** 

### GENERAL DENTAL PRACTICE

Country Lakes Family Dental Cross Timbers Dental Loretto Family Dentistry

#### **GENERAL PRACTICE PHYSICIAN**

Benjamin Linden with HV Family Medicine Javaria Jabeen with Ria Aesthetics and Wellness **Lowell Phipps with Phipps Family Medicine** 

#### GENERAL SURGEON Chad Treece with Associates of Surgery David Evanich with Orthopedic Associates Patrick Shovlin with Associates of Surgery

HOME HEALTH CARE Advanced RehabTrust Home Health Aspen Healthcare & Hospice DFW Home Health

#### HOSPICE Ardent Hospice of Flower Mound **Aspen Healthcare & Hospice** Mercy Hospice

HOSPITAL Medical City Denton Medical City Lewisville **Texas Health Presbyterian Hospital Flower Mound** 

#### LABOR & DELIVERY SERVICE Flourish Birth and Wellness

Medical City of Lewisville **Texas Health Presbyterian Hospital Flower Mound** 

### MEDICAL MASSAGE

Epic Healthcare & Physical Medicine Ria Aesthetics and Wellness **Village Chiropractic and Medical Massage Rx** 

### To Easily Search Press Ctrl+F (for PC) or Command+F (for MAC)

#### **MEN'S WELLNESS & HORMONE THERAPY**

Live Young Wellness Spa Studio 360 Med Spa Village Chiropractic and Medical Massage Rx

### MENTAL HEALTH CLINIC

Connections Wellness Group Redeemed Life Counseling Sessions Wellness Group

#### MENTAL HEALTH PROFESSIONAL

Amanda Franklin with Sessions Wellness Group Awstin Gregg with Connections Wellness Group **Cara Strickland with Redeemed Life Counseling** 

#### **MENTAL HEALTH SERVICES**

Connections Wellness Group Harvest Counseling and Wellness **Predeemed Life Counseling** 

#### **MIDWIFERY CARE**

All About Babies Midwifery & Birth Center **Flourish Birth & Wellness** Obstetrics & Gynecology Associates

#### **MYOFUNCTIONAL THERAPY**

Flower Mound Speech Therapy **\* Kimberly White Speech & Myofunctional Therapy** Rodriguez Speech & Myofunctional Therapy

#### **NEUROPATHY TREATMENT**

Complete Foot And Ankle Care DFW Neuropathy **Pric Healthcare & Physical Medicine** 

#### **OB/GYN PHYSICIAN**

Guy Van Dell with Flower Mound Women's Care Laura Finger with Caring for Women **Lauren Banks with Obstetrics & Gynecology Associates** 

#### **OB/GYN PRACTICE**

Caring for Women Obstetrics & Gynecology **Obstetrics & Gynecology Associates** Seasons OB/GYN PLLC

#### OPHTHALMOLOGY

Advanced Eye Care Center Eye Associates of Texas **? North Dallas Eye Associates of Flower Mound** 

#### OPTOMETRIST

Bruce Ousley with Ousley Vision **Janet Ogletree with Ogletree Eye Care** Jennifer Schirner, OD with New View Optometry

#### **ORAL & MAXILLOFACIAL SURGEON**

Aaron Vickers with Texas Center for Oral Surgery & Dental Implants **John C. Shillingburg with DFW Oral Surgeons** Richard Martin with Oral and Facial Surgery of North Texas

ORAL & MAXILLOFACIAL SURGERY CENTER DFW Oral Surgeons ROOT Periodontal and Implant Centers ? Texas Center for Oral Surgery & Dental Implants

ORTHODONTIC PRACTICE Bailey Orthodontics Gronberg Orthodontics MB Orthodontics

#### ORTHODONTIST

Kimberly Gronberg With Gronberg Orthodontics **Luke Bailey with Bailey Orthodontics** Matt Brown with MB Orthodontics

#### **ORTHOPEDIC PHYSICIAN**

David Evanich, MD with Orthopedic Associates **P Jeffrey Cantrell, MD with Orthopedic Associates** Manuj C. Singhal, MD with Orthopedic Associates

ORTHOPEDIC PRACTICE

Direct Orthopedic Care **P Orthopedic Associates**Texas Back Institute - Flower Mound

#### PAIN MANAGEMENT PHYSICIAN

Eric Anderson, MD with Advanced Pain Institute of Texas John Broadnax, MD with Advanced Pain Institute of Texas **\* Sathya Bhandari, MD with Liberty Pain Associates** 

#### PAIN MANAGEMENT PRACTICE

Advanced Pain Institute of Texas Epic Chiropractic and Wellness Liberty Pain Associates

#### PEDIATRIC DENTAL PRACTICE

Dental Care 4 Kids **Pediatric Dental World of Highland Village**Whittington Pediatric Dentistry of Flower Mound

### To Easily Search Press Ctrl+F (for PC) or Command+F (for MAC)

#### PEDIATRIC DENTIST

Jason Clapp, D.D.S. with Pediatric Dental World **Melissa Waters, D.D.S. with Dental Care 4 Kids** Patrick Whittington, D.D.S. with Whittington Pediatric Dentistry of Flower Mound

#### PEDIATRIC OCCUPATIONAL THERAPY CLINIC

Stepping Stones Therapy For Kids Thrive N Play TruRhythm Therapy for Kids

#### PEDIATRIC PRACTICE

Argyle Pediatrics Kid's First Pediatrics **Plantana Pediatrics** 

#### PEDIATRICIAN

Carrie Jones with Argyle Pediatrics **\* Kalpana Kelkar with Kid's First Pediatrics** Tricia Sias with Kid's First Pediatrics

#### PERIODONTIST

Associates in PIE **ROOT Periodontal and Implant Center** Village Periodontics & Implant Dentistry

#### PHARMACY

Greenbriar Pharmacy **P Justin Family Pharmacy** S & J Argyle

#### PHYSICAL MEDICINE AND REHABILITATION

BBC Health Joints In Motion **S2S Functional Performance** 

#### **PHYSICAL THERAPIST**

Anna Crisp with Velocity Physical Therapy **Brooke Miller with PeakRx Therapy** Eric Huffman with Joints in Motion

#### PHYSICAL THERAPY PRACTICE

Joints in Motion PeakRx **\* S2S Functional Performance** 

#### PLASTIC SURGEON

Drew Sanderson, M.D., with Flower Mound Plastic Surgery Stephanie Beidler Teotia, M.D., with Teotia Plastic Surgery Stuart Lipton, M.D., with Lipton Plastic Surgery

#### PODIATRIST

Davey Suh, D.P.M. with DFW Foot and Ankle, P.A. Sean Luh D.P.M. with Foot and Ankle Solutions Tommie T. Harris, D.P.M. with Flower Mound Foot and Ankle Center

#### PSYCHIATRIST

Cheryl Hurd, M.D., with Connections Wellness Group **Deanna Dial, M.D., with Dial Psychiatry** Sanober Khan, M.D., with Connections Wellness Group

#### **PSYCHIATRY PRACTICE**

Connections Wellness Group Mind Matters Psychiatry MD Sante Center for Healing

#### **REGENERATIVE MEDICINE**

Epic Healthcare & Physical Medicine RIA Aesthetics and Wellness Village Chiropractic and Medical Massage Rx

#### SPEECH PATHOLOGIST

Kimberly White with Kimberly White Speech Myofunctional Therapy Rachel Terrell with Rooted Therapies **Sarah Cruz with Stepping Stones Therapy for Kids** 

#### SUBSTANCE ABUSE TREATMENT FACILITY

Connections Wellness Group **Sante Center for Healing** Solutions of North Texas

#### TRAUMA COUNSELING OUTPATIENT CENTER

Connections Wellness Group Harvest Counseling & Wellness Redeemed Life Counseling

#### URGENT CARE

777 Urgent Care **P Rapid Med Urgent Care**Texas Health Breeze - Flower Mound

#### **WEIGHT LOSS - TREATMENT**

All The Things Med Spa Live Young Wellness Spa **Proth Texas GI Associates Weight Loss** 

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#### **WEIGHT LOSS - SURGICAL**

Flower Mound Plastic Surgery My Bariatric Solutions Texas Health Presbyterian Hospital: Bariatric Surgery

#### WELLNESS, HEALTH & DIETARY COACH

Jennifer Vittitow with Harvest Counseling & Wellness Tiffany Godwin with Connections Wellness **7 Janna Weaver with Radiant Nutrition** 

#### WELLNESS STUDIO

Essential Healing and Wellness Center in Lake Dallas The Back & Body Clinic Whole Health Wellness Center

# PET SERVICES BODC 2023

#### **EQUESTRIAN SERVICES**

Brawley Farms **Pridlewood Stables & Equestrian Center** The Paddocks Stables

#### **FEED & HARDWARE STORE**

Argyle Feed Store Johnson Feed Company **Tractor Supply Bartonville** 

#### **MOBILE PET GROOMING & WASHING**

Fur The Love Mobile Grooming Groovy Dawg Mobile Pet Grooming **Paw Control** 

#### PET BOARDING

Bartonville Veterinary Center Camp Bow Wow Flower Mound **? Canine Courtyard** 

#### **PET FOOD & SUPPLIES**

Argyle Feed Store **Hollywood Feed** Tractor Supply Bartonville

#### PET GROOMING

Bark'N Buddies Pet Grooming Canine Courtyard **? Paw Control** 

#### **PET SITTING / DOG WALKING**

4 Paws Pet Watch **Part Match** Fetch Pet Care Flower Mound

### PET TRAINING

CMC Dog Training **P JP Dog Training** Paula's Canine Academy

#### VETERINARIAN

Lauren Carnes with Animal Medical Center of Highland Village **Melissa Cordero with Bartonville Veterinary Center** Paul McCullough with Animal Medical Center of Highland Village

#### **VETERINARY CLINIC**

Animal Medical Center of Highland Village Bartonville Veterinary Center Dove Creek Animal Hospital

#### **VETERINARY HOSPITAL**

Dove Creek Animal Hospital Flower Mound Emergency Pet Clinic South Flower Mound Animal Hospital

# **RESTAURANT & FOOD SERVICES BODC 2023**

BARBECUE **\* 407 BBQ** Harold Dean Smoked Goods

Marty B's

BREAKFAST / BRUNCH P Berries & Batter Egg Farm Cafe Morning Edition

CAKE BAKERY AshJenn Signature Desserts Linnybird Bakeshop **The Flour Shop Bakery** 

CATERING **P Bistecca - An Italian Steakhouse** Joey O's Mays Eats Gourmet To Go

CHINESE RESTAURANT China Island Asian Grill HERE Asian Cuisine Joy Chinese Restaurant

COFFEE SHOP **151 Coffee** Dutch Bros Marty B's Coffee Company

COOKIE STORE AshJenn Signature Desserts Crumbl Cookie Flower Mound Tiff's Treats

CUPCAKES / CAKE POPS **\* AshJenn Signature Deserts** Big Top Cake Pop The Flour Shop Bakery

DATE SPOT 1845 Taste Texas Hillside Fine Grill **P Rustico Wood Fired Grill and Wine Bar** 

DELI **Flurry's Market + Provisions** Giro Trattoria Joey O's

DESSERT MENU AshJenn Signature Desserts Puttermilk Sky Pie The Flour Shop Bakery

#### DINNER

To Easily Search Press Ctrl+F (for PC) or Command+F (for MAC)

1845 Taste Texas **Hillside Fine Grill** Rustico Wood Fired Grill and Wine Bar

DONUT STORE Amy's Donuts Good Morning Donuts Sara's Donut Story

FAMILY DINING Giro Pizza & Trattoria Lambeau's America Marty B's

FINE DINING 1845 Taste Texas **Bistecca - An Italian Steakhouse** Rustico Wood Fired Grill and Wine Bar

FOOD TRUCK Cousin's Main Lobster Harold Dean Smoked Goods Munchies Food Truck

FROZEN DESSERT (Ice Cream, Gelato, Snowcone) Epic Gelato Handel's Homemade Ice Cream Flower Mound Wild West Shave Ice

HAMBURGER Awesome Times Outlaw Burger & BBQ **? Underdogs** 

HAPPY HOUR 1845 Taste Texas Rustico Wood Fired Grill and Wine Bar **? The Tavern at Lakeside** 

HEALTHY MENU **Clean Eatz -Flower Mound** Pokemoto TruFit Foods - Meal Prep

INDIAN RESTAURANT **Delhi6 Indian Kitchen** Ista Indian Cuisine Sangam Indian Restaurant

# **RESTAURANT & FOOD SERVICES BODC 2023**

#### **ITALIAN RESTAURANT**

Bari's Pizza & Pasta **? GiroPizza & Trattoria** Salerno's Italian Restaurant

#### JAPANESE HIBACHI

Asahi Teppanyaki & Sushi Hanaya Hibachi Sushi & Asian Fusion Mt. Fuji Hibachi Steak House

MEAT MARKET **Flurry's Market + Provisions** Old Town Meat Market Wild Fork

MEXICAN RESTAURANT Angelina's Mexican Restaurant Mattito's **Mi Dia From Scratch** 

PATIO DINING

1845 Taste Texas Lambeau's America **P Marty B's** 

PIZZA GiroPizza & Trattoria Jet's Pizza Motor City Pizza

SANDWICH SHOP Joey O's Flurry's Market + Provisions Capriotti's

SEAFOOD RESTAURANT **Fish City Grill Flower Mound** Mrs. Livelys Cajun Konnection Pier 407 Seafood & Grill STEAKHOUSE

1845 Taste Texas Bistecca - An Italian Steakhouse Shoal Creek Tavern

#### SUSHI RESTAURANT

Komodo Loco J Sushi Tsunami Sushi and Grill

#### THAI RESTAURANT

Chillicious Thai **Thai Ruby** Yummy Thai

# **SENIOR SERVICES BODC 2023**

#### ASSISTED LIVING FACILITY

Rosewood Assisted Living **Teresa's House** Willow Bend Assisted Living & Memory Care

#### INDEPENDENT LIVING

Dogwood Estates **Pinewood Hills** 

#### MEMORY CARE

Avanti Senior Living at Flower Mound Inspired Living at Lewisville Willow Bend Assisted Living & Memory Care

#### SENIOR IN-HOME CARE

Always Best Care BrightStar Care Flower Mound **P Heaven At Home Senior Care** 

#### SENIOR SERVICES CONSULTANT

CarePatrol of Denton Jennifer Wyand-Thompson with HomeWell Care Services in Justin **Care Vision Williams with Senior Services, LLC** 

#### **SKILLED NURSING & LONG TERM CARE FACILITY**

Cross Timbers Rehabilitation and Healthcare Center Denton Rehabilitation & Nursing Center Lake Village Nursing and Rehabilitation Center

# SHOPPING & RETAIL BODC 2023

**CHILDREN'S CLOTHING STORE** 

Half Pint Children's Boutique Heaven Sent Boutique & Gifts **Peon Elephant** 

#### FURNITURE STORE

Adams Furniture in Justin Model Home Furnishings Frisco Runyon's Fine Furniture

GIFT SHOP

Beasley's Fine Jewelry Sparrow & Co Studio 360 Boutique

JEWELRY STORE Beasley's Fine Jewelry Duff's Fine Jewelry Phrhart's Jewelers

RESALE SHOP Clothes Mentor - Highland Village Fncore! Encore! Consignment Boutique Plato's Closet - Flower Mound

#### SHOPPING DESTINATION

Downtown Lewisville The Painted Tree **The Shops at Highland Village** 

#### **TOY & EDUCATION SERVICES**

Learning Express Minifigs Bricks and More More Fun Toys

WOMEN'S BOUTIQUE House of Mo Boutique **♥ Mainstream Boutique** Megan's Lifestyle Boutique

# **SPECIALTY SERVICES BODC 2023**

AIRPORT TRANSPORTATION SERVICE

Denton County Taxi Door 2 Door Shuttle **Pelite Car Service** 

ART STUDIO A Creative Art Studio Hawaii Fluid Art Flower Mound **? The Art House** 

ARTIST Anita Robbins Maithen Elizabeth - Custom Art by Maithen Elizabeth **? Sara MaCain** 

CARGO / TRAILER RENTAL Aubrey Trailer Sales North DFW Trailers Texas Cargo Trailers

CBD STORE CBD American Shaman of Flower Mound CBD American Shaman of Lewisville **\* Lantana Hemp Haus** 

COACHING SERVICE - PERSONAL Close Coaching & Consulting Demi Prentiss with BrightLife Coaching **? What's Next? Life Coaching with Penny Rackley** 

EMBROIDERY Everday Image **? Kris Tee's** Monogram on the Mound

FLORAL SHOP Dalton Flowers Flourish Flowers & Gifts Mickey's Florist

MUSIC LESSONS Bach 2 Rock Legacy Music Studio **? New Song School of the Arts** 

PARTY DJ Awesome Parties & Events Pheroductions - David Hodges Paradise Productions

PHOTOBOOTH RENTAL Awesome Parties & Events Picture This Shakar Photography

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**PHOTOGRAPHER - FAMILY** 

LaLa Photography DFW **Macy Alex Photography** Mette McConnell Photography

PHOTOGRAPHER - NEWBORN LaLa Photography DFW

White Lavender Photography **Your Candid Memories** 

PHOTOGRAPHER - SENIOR Mette McConnell Photography Miranda Longoria Photography Nicole Youngblood Photography

PHOTOGRAPHER - WEDDING & EVENT
 LaLa Photography
 Macy Alex Photography
 Your Candid Memories

RECORDING STUDIO Legacy Music Studio The Echo Lab The Panhandle House Recording Studios

SCREEN PRINTING Everyday Image Groggy Dog of Denton Six Stitch

SUMMER CAMP Excite Gym & Cheer Win Kids YMCA

**TATTOO ARTIST Prenna Peterson with Dark Age Tattoo Studio** Flavio Venancio with Dark Age Tattoo Studio Nyima Sherpa with Dark Age Tattoo Studio

TATTOO STUDIO A Living Canvas **P Dark Age Tattoo Studio** Rebel Muse Tattoo

VIDEDOGRAPHER LocalBzz Mixed Media Creations Tyler Matthew Smith Media

WEDDING & EVENT FLORIST Flourish Flowers & Gifts Mickey's Florist Mulkey's Flowers & Gifts



#### **WEDDING & EVENT VENUE**

Knotting Hill Place
Oak & Ivy Venue
Sparrow on Main

#### WRITING & EDITING SERVICE

**Edit This** Leslie J. Thompson Local Results Media

# **SPORTS, FITNESS & NUTRITION BODC 2023**

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#### **AERIAL FITNESS**

Altitude Fitness Highland Village Shine Fitness Studio Urban Vybe Studio

BARRE STUDIO Pure Barre of Denton <sup>●</sup> Pure Barre of Flower Mound S2S Functional Performance

BATTING CAGES D-Bat Denton **D-Bat Lewisville** Elev8 Sports

BICYCLE SHOP Giant Lakeside Trek Bicycle Flower Mound Velo Republic

BOOTCAMP Burn Boot Camp Flower Mound F45 Lantana Outlaw FitCamp

BOOTCAMP INSTRUCTOR Panielle Cornett with Shapes Fitness for Women Gage Anderson with Outlaw FitCamp Kevin Robinson with Outlaw FitCamp

CHEER STUDIO **Excite! Gym & Cheer** Thunder Extreme Athletics Win Kids

CROSSFIT CrossFit 3040 **CrossFit Flower Mound** Unicus Athletics & Crossfit Argyle

DANCE STUDIO Dance Integrity Studio Top Hat Dance Centre, Inc. **Turning Pointe Dance Studio** 

FITNESS CENTER Outlaw FitCamp by Jesse James Row House Flower Mound Shapes Fitness for Women

#### **GOLF COURSE - PRIVATE**

Denton Country Club Lantana Golf Club Oakmont

GOLF COURSE - PUBLIC

Bridlewood Golf Club **Golf Clubs at the Tribute** Wildhorse at Robson Ranch Golf Club

GROUP FITNESS INSTRUCTOR **Danielle Cornett with Shapes Fitness For Women** Kay Simms with Outlaw FitCamp Kimberley Pilz with Row House Flower Mound

GROUP FITNESS STUDIO Outlaw Fit Camp by Jesse James **Row House Flower Mound** Shapes Fitness for Women

GUN RANGE **407 Gun Club** Eagle Gun Range Top Dog Gun Range

GYMNASTICS CENTER Best Gymnastics Excite! Gym & Cheer Win Kids

HEALTHY PREPARED FOODS Clean Eatz - Flower Mound Foodies In Texas TruFit Foods - Meal Prep

#### 

Warrior Fitness

IV THERAPY All The Things Med Spa 4EverYoung Anti-Aging Solutions **The DRIPBAR - Flower Mound** 

MARTIAL ARTS STUDIO Northlake ATA Martial Arts **Rafael Formiga Jiu Jitsu Academy** Rodriguez ATA Martial Arts Academy

# **SPORTS, FITNESS & NUTRITION BODC 2023**

#### NUTRITIONIST / DIETITIAN - CERTIFIED

Erica Hirniak with Shapes Fitness Jennifer Vittitow with Harvest Counseling & Wellness Tiffany Godwin with Connections Wellness

#### **OUTDOOR BOOTCAMP**

Brickhouse Gym Camp Gladiator **Fit4Mom Denton County** 

#### PERSONAL TRAINER

Danielle Cornett with Shapes Fitness for Women Jerod McCloud with Anytime Fitness Denton **Page 2** Jesse James Leyva - Outlaw Fitcamp

#### PERSONAL TRAINING FACILITY

Outlaw FitCamp **Shapes Fitness For Women** S2S Functional Performance

#### PILATES INSTRUCTOR

Christi Brown with S2S Functional Performance Haley McKissack with CoreCulture Pilates Tiffany Reppert with CoreCulture Pilates

#### PILATES STUDIO

Club Pilates of Highland Village Core Culture Pilates **\$25 Functional Performance** 

#### **SPORTS FACILITIES**

Community Activity Center (CAC) Flower Mound Cross Timbers Family YMCA **Win Kids** 

#### SPORTS MASSAGE CENTER

Denton Sports Chiropractic Sozo Wellness **Y Village Chiropractic and Medical Massage Rx** 

#### SPORTS ORGANIZATION

Cross Timbers Family YMCA Flower Mound Youth Sports Association (FMYSA) Win Kids

#### SWIMMING INSTRUCTION

Amy's Aquatics Cross Timbers Family YMCA Swimming Fishies Swim School

#### WEIGHT LOSS CENTER

Amazing Weight Loss & Wellness Outlaw Fitcamp **P Shapes Fitness For Women** 

#### **YOGA INSTRUCTOR**

Bethaney Pilat - Inspire Yoga Crystal Rose Wicker - S2S Functional Performance Kylie Riggs with Cross Timbers YMCA

#### YOGA STUDIO

Inspire Yoga
S2S Functional Performance
YogaSix Flower Mound